



# Plan for Daily Living in the Community

## Course Overview:

*Plan for Daily Living in the Community* will show you the essential steps for preparing and supporting someone in the community and most importantly, learn how to plan for predictable and safe activities.

## Who Should Take the Course?

This module is designed for all individuals that wish to become respite supporters, or those who wish to gain a base knowledge of how to build trust and plan for safe activities in the community .

## Course Objectives:

The purpose of this module is to show you what you can do as a support provider, to build trusting relationships with the individual you are working with, their families, and also the community.

In this module you will learn:

- To describe how to begin a support relationship
- To apply your knowledge to better understand and anticipate an individual's needs, and preferred support strategies
- To use support strategies to proactively plan activities
- To plan for predictable and safe activities in the community

## Evaluation Process:

At the end of this module, there is a test. Participants that do not achieve 75% can review the module content and try as many times as necessary to advance and complete the course.

***Upon successfully completing this module, there is a printable certificate for your records.***

## Course Duration:

This online module is self-paced. Participants may leave the module at anytime and can resume at any time to complete. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the module will take approximately 1 hour to complete.