



Explaining ASD

Course Overview:

ASD is not merely a developmental delay or an intellectual disability, but instead, it's a different way of thinking, feeling, and being in the world. *Explaining ASD* will explore each of the areas in which people with ASD experience difficulty in their daily lives.

Who Should Take the Course?

This module is designed for all individuals that wish to become respite supporters, or wish to understand why people with ASD have trouble with social communication and have rigid or repetitive behavioural routines and rituals.

Course Objectives:

The purpose of this module is to help you to understand the most fundamentally important aspect of ASD – that ASD is not like other developmental delays or intellectual disabilities.

In this module you will learn how ASD affects:

- Sharing attention with others
- Understanding thoughts and feelings
- Interpreting meaning from environmental cues
- Managing sensory overload, stress and anxiety
- Making a plan and problem solving

Evaluation Process:

At the end of this module, there is a test. Participants that do not achieve 75% can review the module content and try as many times as necessary to advance and complete the course.

Upon successfully completing this module, there is a printable certificate for your records.

Course Duration:

This online module is self-paced. Participants may leave the module at anytime and can resume at any time to complete. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the module will take approximately 1 hour to complete.