

# Understanding Autism: Exploring the Spectrum

## Building Inclusive Communities



### Course Overview

The Understanding Autism: Building Inclusive Communities course will provide learners with a basic education about autism, while also providing best-practice support strategies to support Autistic people and make spaces more inclusive.

By completing this course, the learner will enhance their knowledge of autism and their ability to accommodate Autistic individuals.

### Who Should Take the Course?

This course is designed for people who work in and with municipalities/towns/cities, civic-services and recreation and leisure services and want to learn about autism and how they can better support Autistic individuals.

### Evaluation Process

This course contains a knowledge check at the end that serves as a summative assessment of the learner's knowledge.

100 percent will need to be achieved to complete the course.

Questions will prompt the learner to retry if answered incorrectly.

Upon successfully completing the course there is a printable certificate for your records.

### Course Objectives

In this course you will learn about:

- Autism Nova Scotia and what the organization does
- What autism is and how to talk about it
- The differences between the medical & social model of disability
- Some basics around communication, behaviour & sensory processing associated with autism
- A few strategies or tactics that may be helpful to better support Autistics and make our municipalities, civic-services and recreation and leisure services more accessible

### Course Duration

This training course is a self-paced lesson that should take approximately 60 minutes to complete.

You may leave the course at any time and can resume at any time to complete.

The duration will ultimately depend on the individual participant and their prior knowledge of the subject matter.