Over and Under Supporting



Course Overview

The Over and Under Supporting training course will provide learners with an overview of language related to autism along with how to work in a person-directed way.

This course will provide an overview of over and under supporting along with self-managment strategy examples and how to help foster independence and self-advocacy in the individuals you work with.

Who Should Take the Course?

This course is designed for career practitioners, employment support practitioners, job developers, and case managers within the supported employment landscape across Canada.

Course Objectives

In this course you will learn about:

- Language
- Person-directed framework
- Overview of what is over and under supporting
- Strategies to promote providing individualized supports - "Meeting the person where they are at"

Evaluation Process

Throughout this course you will encounter reflection questions with editable text fields.

These questions are not graded.

At the end of this course you will be able to review and print your responses if you want to keep for you records.

Course Duration

This training course is a self-paced lesson that should take approximately 60 minutes to complete.
You may leave the course at any time and can resume at any time to complete.

The duration will ultimately depend on the individual participant and their prior knowledge of the subject matter.

Exploring the Spectrum

Exploring the Spectrum

https://www.exploringthespectrum.ca/