Employment Supports and Autism Training

Sensory Sensitivities

Exploring the Spectrum

autism NOVA SCOTIA

Course Overview

The **Employment Supports and Autism Training** is a comprehensive, online training course for employment service providers to learn more about autism and, using best-practice strategies, will teach a range of support strategies for career professionals supporting Autistic people in an employment context.

By completing this course, you will enhance your knowledge of autism and your ability to accommodate both in the agency and at the workplace. You will gain an understanding and a greater confidence when providing individualized support for Autistic people and the neuro-diverse population looking to gain meaningful, long-term employment.

Module Overview

This module explores the topics of sensory and sensory sensitivities and provides the learner with knowledge and understanding of differences in sensory processing along with key support strategies that can be applied to the workplace or agency.

Who Should Take the Course?

This course is designed for career practitioners, employment support practitioners, job developers, and case managers within the supported employment landscape across Canada.

Evaluation Process

At the end of each module, there are a series of post-assessment questions. Participants that do not achieve 70% can review the module content and try as many times as necessary to advance and complete the module.

Upon successfully completing each module, there is a printable certificate for your records.

Testimonials

“This training is important for societal growth. Helping others understand shifting the perspective and showing how acknowledging the way people learn changes how they perform, not that they can't perform.”

"Some really good ideas and examples of what we can do (as an agency) to be more welcoming and inclusive to people with autism"

“The information was excellent and touched on a number of topics that were new to me and very interesting. It was very eye-opening and helped expand my awareness.”

“(My staff) found the training extremely valuable and beneficial and are glad they had the opportunity to take the training.”

“I thought I knew a lot about Autism, but after this course it really helped me to understand Autism so much more.”

“It helped make me more aware of challenges that clients may be experiencing and how to make their experience in our office better. The suggestions in the training can be helpful to people with ADHD, anxiety, learning challenges and schizoaffective disorder etc.”

“I learned so much from each module, lots of great information and great examples.”

“I loved all the examples, scenarios, and practical strategies and tips”

Course Duration

This module is a self-paced lesson that should take approximately 45 minutes to complete. Participants may leave the module at any time and can resume at any time to complete.

Suggested duration of the modules range from 30 minutes to 90 minutes and total 10 hours for the entirety of the course. The duration will depend on the individual participant and their prior knowledge of the subject matter.

Course Objectives

This course is broken into 10 separate modules which each focus on a different topic related to autism and employment. This course provides a foundation of knowledge related to autism and effective strategies and interventions that you can use to support an Autistic job seeker or employee.

This course is presented in the following 10 modules:

- Introduction to Autism
- Social Communication
- Theory of Mind
- Literal and Pictorial Thinkers
- Restrictive and Repetitive Behaviours
- Sensory Sensitivities
- Anxiety and the Autistic Job Seeker
- Executive Functioning
- Change and the Autistic Job Seeker
- Practical Strategies for the Job Seeker