

Introduction to Respite Support

Course Overview:

Introduction to Respite Support is the beginning to learning about respite support for children, youth, and adults with Autism Spectrum Disorders (ASD). You may know nothing about respite or about people with ASD, but by the end of this module, you will have an introductory understanding that will allow you to begin a respite relationship.

Who Should Take the Course?

This module is designed for all individuals that wish to become respite supporters, or those who wish to gain a base knowledge of how respite can help individuals with ASD and their families .

Course Objectives:

The purpose of this module is to provide a foundation that you can build upon when understanding the best ways to provide respite support.

In this module you will learn:

- What respite support is (and isn't)
- Why respite support is important
- How respite helps individuals with ASD, families, and respite providers too

Evaluation Process:

At the end of this module, there is a test. Participants that do not achieve 75% can review the module content and try as many times as necessary to advance and complete the course.

Upon successfully completing this module, there is a printable certificate for your records.

Course Duration:

This online module is self-paced. Participants may leave the module at anytime and can resume at any time to complete. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the module will take approximately 1 hour to complete.