



Autism Know How

Course Overview:

Autism Know How introduces you to Autism Spectrum Disorders (ASD) and describes the benefits of providing support to the individual, family members and yourself. By the end of this course, you will be familiar with the role of a support provider, have a better understanding of ASD and will learn effective strategies that will help you begin a support relationship. *Autism Know How* will describe how you can support a person with ASD to live a meaningful life by planning for daily living at home and in the community.

Who Should Take the Course?

This course is designed for anyone who is interested in supporting people with ASD to live, work and play in the community. The course objectives are specifically designed for all people who are thinking of becoming a support provider.

Course Objectives:

The purpose of this course is to provide a support provider with the necessary skills to assist a person with ASD to live a meaningful life in his/her community. This course provides a foundation of knowledge related to ASD and effective strategies that you can build upon once you begin supporting a person with ASD. Although it was initially developed as training for support providers who provide respite services we believe that anyone who wishes to support individuals with ASD in their homes or communities will benefit from this curriculum.

The course is presented in 7 modules:

1. Introduction to Respite Support
2. Autism Spectrum Disorders
3. Explaining ASD
4. Communication Strategies
5. Navigating for Success Using Positive Behaviour Support
6. Assisting with Self-care
7. Plan for Daily Living in the Community

Evaluation Process:

At the end of each module, there is a test. Participants must successfully complete the test before continuing to the next module. Participants that do not achieve 100% can review the module content and try as many times as necessary to advance and complete the course. Test questions are randomly selected from a test bank, making each test unique.

Upon successfully completing all modules, there is a printable certificate for your records.

Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take between 5.5 – 7 hours to complete.